



**Delta District Parent Advisory Council (Delta DPAC)**

C/O Delta School Board  
4485 Harvest Drive, Delta, BC, V4K3C9  
Email: [deltadpac@gmail.com](mailto:deltadpac@gmail.com)  
Website: [dpac.deltasd.bc.ca](http://dpac.deltasd.bc.ca)

**DPAC GENERAL MEETING MINUTES**

**Monday January 16, 2023**

Location: Main Boardroom - Delta School District Office & Virtual via Zoom

Time: 7:00 PM – 8:00 PM

**Members In Attendance:**

Jennifer Rak -DPAC Chair/Brooke  
Simran Dhillon - DPAC Treasurer/Burnsview  
Lakhvir Brar -DPAC Vice Chair -Seaquam  
Kelly Bhandal -DPAC Secretary/McCloskey  
Rebecca Lee -DPAC Member at Large/SDSS  
Carrie Elder -DSS  
Cameron Murdoch -Brooke  
Nikki Joshi - Sunshine Hills  
Davinder Arora -Delview  
Raheela Mohammed-Gibson  
Diane Chubb -Neilson Grove  
Crystal Robinson -Chalmers  
Ryoko Campbell -Nielson Grove  
Krissy Eiben-Pinewood  
Jane Swinglehurst -Beach Grove

**Members In Attendance: Virtual via Zoom**

(16 total but not all included their names)

Bel -Pinewood  
Tessa Geldreich -South Park  
Stephanie Davis -Ladner  
Julia Mellish -Holly  
Stevie Wild -Devon Gardens  
Garima -Cougar Canyon  
Sarah Ngo -Richardson

**Call to Order and Welcome: 7:00 pm**



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### Guests in Attendance:

- Doug Sheppard - Superintendent, Delta School District
- Val Windsor - School Board Trustee Chairperson
- Alison Roche -Delta Teachers Association
- Christina Lussier -District Councilor
- Patrick Klassan -Director of Learning Service
- Leah Hughes - District Councilor
- Pam Ludda - District Councilor
- Richard Kirincic - District Councilor/Principal

The focus of the meeting was Mental Health

**Presenter:** Christina Lussier

- All handouts and slide show presentations are available upon request.

Before Covid-19 12% of 4-12 year olds had 1 or more disorders that required intervention. As we emerge from the pandemic it's been noted there is a rise in anxiety, depression and tension rising in mental health issues. Health and addiction needs are up with a significant increase in opioid overdose.

What do kids say (McCreary report 2019).

### BC Provincial Stats:

- Health and Wellness trending down.
- Self harm to cope trending up with kids
- 2% said they did not feel safe at home

The majority of kids felt being at school was positive.

- Most planned to complete school
- Smoking was down
- Drinking trending down by 50%
- Attempted suicide is lower
- 90% felt they could talk with their peers or an adult.

### DELTA Stats:

- 39% of students reported to be thriving
- 76% had high empathy towards others

- 63% said mental health was good

Both elementary and secondary schools reported to be doing better than the provincial average.



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**SUPERINTENDENT'S REPORT - Doug Sheppard, Superintendent**

The new accessible playground was officially opened at Jarvis Traditional Elementary by the Ministry of Education Rachna Singh and attended by Doug Sheppard, Val Windsor and Amenn Dhillon.

The universally accessible playground was made possible after the school received a \$165,000 grant through the provincial government's Playground Equipment Program.

The district Pro D day is Friday January 27, 2023 and teachers will be attending Trauma Training and Leadership work.

**ADOPTION OF AGENDA**

Moved by Crystal Robinson & seconded by Simran Dhillon; Approved

**APPROVAL OF MINUTES**

November 2022 Meeting Minutes

One motion made:

- One attendees name was not included on the minutes and would like to be added.

Moved by Simran Dhillon and seconded by Rebecca Lee; Approved

**CHAIR UPDATE**

Jennifer attended the Delta Board Meeting Tuesday Dec 6, 2022.

Lisa Chapieski, District Coordinator Student Options & Opportunities, presented information on new and existing programs and events in Career Programs. There will be a hiring fair for summer jobs in June 2023.



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### **CHAIR UPDATE**

There will be information available soon for programs and resources in the district outside of school time. Jennifer is working on having guest attend a DPAC meeting to provide more information.

BCCPAC is looking for volunteers and there are opportunities to join committees. There is also opportunities to register for workshops and webinars.

### **VICE CHAIR UPDATE**

Lakhvir discussed reviewing the PAC guidelines and having all documents up to date and current. For the PAC's proper operation the constitution and bylaw, the categories of conflict resolution and code of ethics conduct should be updated and reviewed.

This ensures running a successful PAC for promoting the school community needs. Also PAC training sessions can be provided if there is a need.

- For help with updating Bylaws & Constitutions or Code of Conduct, please email Lakhvir at: [deltadpacvicechair@gmail.com](mailto:deltadpacvicechair@gmail.com)

### **TREASURER'S REPORT**

Cheques cleared for Secretary Supplies and BCCPAC Membership fee.

**Gaming Account: \$4982.81**

**General Account: \$4725.66**

### **PARENT EDUCATION UPDATE**

Application for approval can be submitted for parent ed grants.

Spreadsheet updates are available soon with fresh new ideas. If anyone has a fundraising idea they would like to share, please email Jennifer: [deltadpac@gmail.com](mailto:deltadpac@gmail.com)

## **BCCPAC UPDATE**

Nil

## **NEW BUSINESS**

### Question Period

The zoom connection and sound is a concern therefore looking into how to update and improve this issue.

The next meeting will have the trustees present and there will be breakout sessions to sit with their trustee and discuss topics. This will be an in person meeting only.

## **NEXT MEETING**

February 27, 2023 @7pm

**ADJOURN 8:50 pm**